

2010/2011 WORKSITE WELLNESS GRANTS

Eleven UCS Programs Get Funding To Promote Healthy Habits

<http://www.uticak12.org/districtinfo/news/wellnessgrants.asp> (with video)

UEA Staywell Committee Honors Grant Recipients

<http://shelby-utica.patch.com/articles/uea-staywell-committee-honors-grant-recipients>

2011 "FREEZE YOUR FRANNY" 5K RUN/WALK

Hundreds Freeze Their Frannys For A Good Cause

<http://www.uticak12.org/districtinfo/news/franny.asp>

Hundreds Freeze Their Frannys for a Good Cause

<http://shelby-utica.patch.com/articles/hundreds-freeze-their-frannys-for-a-good-cause>

Clip from 2 "Sole" Sister Runners at "Freeze Your Franny"

<http://youtu.be/smRzzRqb0Q8?hd=1>

Freeze Your Franny Logo Winner Announced

<http://shelby-utica.patch.com/articles/freeze-your-franny-logo-winner-announced>

Freeze Your Franny 5K run/walk set for Jan. 29

<http://www.uticak12.org/districtinfo/news/franny5k.asp>

Students help design healthier lifestyles for UCS

<http://www.sourcenewspapers.com/articles/2010/12/29/news/doc4d1b48b886027987004443.txt>

Utica teachers choose logo

<http://www.macombdaily.com/articles/2010/12/30/news/doc4d1d6db90919c114356978.txt?viewmode=4>